



4TH OF JULY

HOLIDAY HOURS

FITNESS CENTER

4:15 a.m. - 3 p.m.

GUEST SERVICES

8 a.m. - 3 p.m.

CHILDCARE

8 a.m. - noon

TENNIS CENTER

Closed

FIELD HOUSE

5 a.m. - 3 p.m.

Adults Only

MEMBERSHIP

Closed

POOLS

COMPETITION

5 a.m. - 3 p.m.
Lap Swim Only

LEISURE

11 a.m. - 3 p.m.

THERAPY

5 a.m. - 9 a.m.
Noon - 2 p.m.
Adults Only

GROUP EXERCISE

5:15 a.m. Chisel with Chrissa

8:30 a.m. Cycle with Ryan

9 a.m. Power Hour with Gera

10:30 a.m. Gentle Vinyasa Yoga with Rose



foxvalleyparkdistrict.org